CASE REPORT

Clear cell renal carcinoma metastasis in the oral cavity – Case report

Paweł Milner¹, Anna Janas², Grażyna Grzesiak-Janas¹

¹ Department of Oral Surgery, Medical University of Lodz, Poland
² Department of General Dentistry, Medical University of Lodz, Poland


Abstract
Introduction. Metastatic renal cell carcinoma can spread from the primary renal cell carcinoma to other organs, practically to all tissues. Distant metastases – to the tissue of the head and neck – are transferred through the blood and lymph vessels. A case of such a metastasis localized on the palate is relatively rare and therefore poses interesting material for description.

Objective. Analysis of a case of cell renal carcinoma metastasis of the palate in a 67-year-old patient, based on clinical observations and medical publications.

Conclusion. Clear cell carcinoma metastases to distant organs are often the first sign of a covertly progressing disease of which the primary tumour is localized in the kidney. The treatment is surgical, and prognosis is poor in the case of distant metastases since tumours recur even after a few years.

Key words
carcinoma metastases, renal cell carcinoma

INTRODUCTION

Carcinoma metastases from distant organs to the facial part of the skull account for approximately 1% of malignant tumors in these structures. In their pathogenesis, it is the tumours which spread within cavities which are more common, less frequently they metastasize through blood and lymph. The jaw, especially the mandible, happens to be the destination of metastases of lung as well as prostate, kidney, thyroid and testicular carcinoma [1]. Kidney cancer constitutes approx. 2–3% of all malignant cancers in adults. It is more common in men, usually in the 5th–6th decade of life [2].

The most frequent histopathological type of this cancer is clear cell renal carcinoma (carcinoma clarocellulare), which occurs in 75–85% of cases. This malignant epithelial tumour originates in the proximal tubular cells in the glomeruli [3]. Since the available medical publications in the Polish language do not contain a description of a clear cell renal carcinoma metastasis to the palate, it seems beneficial to present this case.

Objective
Presentation of a case report of a patient with clear cell renal carcinoma metastasis to the palate.

CASE REPORT

A 67-year-old male patient presented with a lesion on the hard palate mucosa on the right side, which he had noticed 3 months prior to the visit and which he had associated with pain and pressure caused by the plate of acrylic denture fitted 2 years before which, according to the patient, was badly anchored.

The history of the patient included hypertension, bronchial asthma and prostatic hyperplasia. He has been hospitalized in the last 5 years due to urinary tract infection; however, he had never been diagnosed or treated oncologically. The patient does not recall cancer cases in the family, neither in parents nor grandparents, has never smoked and his describes alcohol consumption as occasional (no more than once in a month). On the day of the examination, the patient was in good physical condition, but showed anxiety caused by the unhealing lesion on the mucosa.

On examination, the patient's face was symmetrical, a melanocytic nevus about 6mm in diameter was detected 1cm below the left eyeball. On palpation, the fift h cranial nerve was asymptomatic, submandibular lymph nodes of group B and C bilaterally mobile, slightly tender on the right side. Jaw dilation was within limits.

Intraorally, a tender irregularly shaped lump approx. 2–3 cm in diameter was detected on the hard palate on the right side. It transformed into inflammatory lesion reaching the retromolar space and the soft palate (Fig. 1).

Figure 1. Lesion on the hard palate mucosa on the right side which in the course of diagnosis proved to be secondary clear cell renal carcinoma.
Characteristically, the border line between the changed section of the palate and the unaffected one where the mucosa was intact was clearly marked by the mid-palatal suture. The examined area was complementarily diagnosed with the fluorescence imaging, with the use of VELscope VX, which revealed a decline in autofluorescence (manifested as dark patches) within the diagnosed lesion (Fig. 2). The patient’s dental radiography – panoramic (Fig. 3) and palatal x-ray (Fig. 4) – did not show any changes in the bone structure of the affected area, which pointed to an early stage of the metastasis and its appearance in the soft tissues rather than the bones.

DISCUSSION

Clear cell renal carcinoma is composed of cells with light cytoplasm containing large amounts of triglycerides and phospholipids which, during histopathological slide preparation, are washed awal, thus creating an image of ‘empty cells’ surrounded by a thick network of capillaries. The tumour develops covertly over a long period of time, the secondary carcinoma often being the first its sign [4], which happened in the case described. According to Stodulski et al. [3], about 30% of renal carcinomas are diagnosed on the basis of neurological symptoms. Notably, an early sign is an invasion to the renal vein (30 %) and inferior vena cava (4–10%), which results in a high risk of metastases, most commonly, to the lungs (55%), lymph nodes (34%), liver (33%), bones (32%), adrenal glands (19%), opposite kidney (11%), brain (6%), heart (5%), spleen (5%), colon (4%), skin (3%), and other places [5]. Metastases can rarely occur in distant structures, such as lymph nodes and bones of the facial skull [6]. The mode of transmission to the head and neck are via the vertebral vessels bundles [7]. Very high metastasis potential of the clear cell renal carcinoma stems from the fact that the kidney is a highly vascularized organ (about 25% of the total blood volume runs through the kidneys within one minute). Furthermore, the carcinoma cells are adaptive in a varied microenvironment [3].

In Polish medical publications, mostly casuistic descriptions of the metastasis to the nasal cavity and paranasal sinuses are presented [8, 9, 10]. Some carcinomas have been reported to have metastasized to the body of the mandible [6], frontal bone [11] or the tongue [12]. Rare descriptions concern metastases to the larynx, pharynx, submandibular and
parotid salivary glands, palate, tonsil, and brain [13]. The accessible literature does not provide a description of clear cell renal carcinoma metastasis to the palate, except for a single reference of a metastasis to the ethmonasal complex (Hayes et al., 1985), [14]. Secondary carcinomas may appear in virtually any part of the body [15]. The carcinoma and its metastases develop relatively slowly due to the presence of a capsule [8]. It is difficult to predict the clinical advances of the disease, particularly as far as the timing, location, and pace of the tumour growth are concerned.

Clear cell renal carcinoma is treated surgically since radiotherapy is ineffective due to its low radiation sensitivity [8]. The aforementioned patient’s treatment in the local Oncologic Care Ward at the Copernicus Memorial Hospital in Łódź included surgery of the primary carcinoma, followed by chemotherapy. The patient is currently being prepared for jaw resection procedure to excise the secondary carcinoma on the palate.

CONCLUSION

The kidney is the third organ (after the lung and nipple) below the clavicle the metastasis of which can be observed in the tissues of the head and neck. The presented case confirms that such metastases are the first sign of a covertly developing disease. Diagnosis of clear cell carcinoma within the structures of the head and neck should be accompanied by a search for a primary carcinoma in the kidneys [2]. The high vascularization of the renal carcinoma indicates surgical treatment similar to that for a vascular tumour [3]. The prognosis in the case of a distant metastasis, even after radical surgery, is poor as remissions are likely to occur.

REFERENCES